

KITCHENER AQUATIC SPORT LEAGUES



Ready to discover water sports? Keep active in the pool with our new Kitchener Aquatic Sport Leagues! Register for our **Waterpolo Team**, **Racing Team**, **Diving Team** or **Synchro Team**.

Players can register for a 10 week session or a full 30 week season. Each team will participate in weekly practices at their home pool as well as competition nights against the other teams.

Practices teach players the fundamentals of the water sport, improve fitness and prepare players for team competitions.

Two competitions are scheduled per 10 week session. Competition nights take place on Sunday evenings at Cameron Heights Pool.

Additional competitions on December holidays and March Break are also available. All teams are coached by qualified staff from the **KW Waterpolo Club**, **Region of Waterloo Swim Club**, **KW Diving Club** and **KW Synchro**. Players will receive team merchandise appropriate to their team sport.



See over for program details



Prerequisites:

Waterpolo Team: Participants must be in Grades 5 - 8 and must be at a Level H or equivalent swimming ability.

Racing Team: Participants must be in Grades 4 - 8 and must be at a Level H or equivalent swimming ability.

Diving Team: Participants must be in Grades 4 - 8 and must be at a Level H or equivalent swimming ability.

Synchro Team: Participants must be in Grades 4 - 8 and must be at a Level H or equivalent swimming ability.

10 Week Session : \$135.00 Full 30 Week Season : \$380.00



	Breithaupt Centre	Cameron Heights Pool	Forest Heights Pool
Racing	Fridays 5:00 pm - 6:00 pm October 14 - December 16, 2011 10 Week Session Code 112885 October 14 - June 15, 2012 30 Week Season Code 112886	Saturdays 10:00 am - 11:00 am October 15 - December 17, 2011 10 Week Session Code 112877 October 15 - June 9, 2012 30 Week Season Code 112878	Wednesdays 7:00 pm - 8:00 pm October 5 - December 7, 2011 10 Week Session Code 112867 October 5 - May 30, 2012 30 Week Season Code 112868
Waterpolo	Wednesdays 7:30 pm - 8:30 pm October 12 - December 14, 2011 10 Week Session Code 112888 October 12 - June 13, 2012 30 Week Season Code 112889	Thursdays 5:00 pm - 6:00 pm October 13 - December 15, 2011 10 Week Session Code 112879 October 13 - June 7, 2012 30 Week Season Code 112880	Tuesdays 7:00 pm - 8:00 pm October 4 - December 6, 2011 10 Week Session Code 112869 October 4 - May 29, 2012 30 Week Season Code 112870
Synchro	Wednesdays 5:00 pm - 6:00 pm October 12 - December 14, 2011 10 Week Session Code 112890 October 12 - June 13, 2012 30 Week Season Code 112891	Mondays 6:00 pm - 7:00 pm October 17 - December 19, 2011 10 Week Session Code 112881 October 17 - June 11, 2012 30 Week Season Code 112882	Saturdays 9:30 am - 10:30 am October 8 - December 10, 2011 10 Week Session Code 112874 October 8 - June 9, 2012 30 Week Season Code 112873
Diving	Thursdays 7:30 pm - 8:30 pm October 13 - December 15, 2011 10 Week Session Code 112892 October 13 - June 14, 2012 30 Week Season Code 112893	Mondays 7:00 pm - 8:00 pm October 17 - December 19, 2011 10 Week Session Code 112883 October 17 - June 11, 2012 30 Week Season Code 112884	Saturdays 6:00 pm - 7:00 pm October 8 - December 10, 2011 10 Week Session Code 112875 October 8 - June 9, 2012 30 Week Season Code 112876

Breithaupt Centre
 350 Margaret Avenue
 Kitchener. 519-741-2502
 TTY 1-866-969-9994

Cameron Heights Pool
 301 Charles Street E
 Kitchener. 519-741-2482
 TTY 1-866-969-9994

Forest Heights Pool
 253 Fischer Hallman Road
 Kitchener. 519-741-2493
 TTY 1-866-969-9994